
Langenburg's Policy and Procedure Handbook

Policy Title: Sun Protection

Category: Summer Program

Ownership: LCDB

Date Approved: May 1 2019

Effective Date: June 1, 2019

Date of Last Amendment:

Policy Statement: The Town of Langenburg is concerned about protecting staff and participants from sunburns and from skin damage that can be caused by the harmful ultra-violet (UV) rays in sunlight. The Town of Langenburg believes that by encouraging sun-safe behaviour we can prevent our participants from burning and contribute towards preventing skin cancer.

Purpose: Purpose The purpose of this policy is to establish sun protection guidelines for the Summer Dayz Program.

Procedure:

Sunscreen

- 1) All participants are required to bring their own sunscreen for the duration of the program.
- 2) It is recommended that sunscreen have a minimum Sun Protection Factor (SPF) of 15.
- 3) Sunscreen containers are to be labeled with the participant's name.
- 4) Aerosol (spray) sunscreen is recommended, especially for those participants who may not be able to apply their own sunscreen.
- 5) Summer Dayz Programmers will monitor and assist when needed, with the application of spray sunscreen.
- 6) Participants bringing lotion-based sunscreen should be able to apply it themselves.
- 7) If it is necessary for staff to assist with the application of lotion-based sunscreen it will be applied to the face, neck, hands, arms, shoulders, and lower legs only.
- 9) Sunscreen will be applied prior to going outdoors, and every 60 minutes thereafter.
- 10) For instances where the UV (ultra violet) index registers Very High or Extreme as per Environment Canada, additional applications of sunscreen will be made, and time spent outdoors will be limited.

Water Bottles

- 1) All participants are required to bring their own water bottle for the duration of the program.
- 2) Water bottles are to be labeled with the participant's name.
- 3) Water will be available to all participants during the program.

Hats and Clothing

- 1) It is recommended that all participants bring a hat to be worn outdoors
- 2) Please dress your children in appropriate clothing for each day. Layers are recommended as the mornings can be cooler than the afternoons.